

# Beavers My Adventure Challenge Award

Take Part In **Six** Other Outside Activities

**Amazing Challenges<sup>©</sup>**

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# My Adventure Challenge Award

Take Part In **Six** Other Outside Activities

## Amazing Challenges<sup>©</sup>

### Overview

For this part of the outside activities the children will get into teams of 4 and carry out fun challenges at each station, the team will gain points for the challenges. The winning team will be the one with the most points after completing all stations.

### Preparation Before The Meeting

- Gather materials see individual materials of each station on the following pages
- Print out the points record sheet

### Materials Needed

- Portable board that you can take outside to record scores, if this isn't possible then just use a clipboard. I have created a 'Points Record Sheet' at the end of this document to help you record the scores
- See individual materials of each station on the following pages

### Preparation At The Meeting

1. Setup the stations

### Directions/Leader Speak

1. **Speak** - The next activity you are going to carry out for your 'My Adventure Challenge Award' is to do 6 different challenges outside. You will do this in teams of four
2. **Speak** - Get into teams of four and give me a name for your team
3. **Action** - Write down the names on a portable board if you have one or on a piece of paper to record the scores
4. **Action** - At each station explain what the team has to do to score points

## Station 1 – Bucket Head

### Materials Needed

1. 1 x Bucket
2. 4 x small balls (ping pong, sponge or similar)
3. A start line about 2 metres from the bucket (test this with a child before you set the distance)



### Directions

1. One team member holds a bucket on top of his head
2. The other team members throw three balls into the bucket from a distance
3. The last child who was holding the bucket changes so they now throw
4. The leader records how many balls each team got into the bucket (each ball counts as one point)

## Station 2 – Gravity

### Materials Needed

1. 8 x Balloons (plus some spare)



### Directions

1. Start the clock for one minute
2. Each team member has to keep two balloons in the air for the one minute
  - a. They can use any part of their body to do this
3. The leader records the points. Each child will gain 3 points for their team if they kept the two balloons afloat. They will score 1 point for keeping one balloon afloat. Therefore let them know that even if they drop one they can still carry on with the other

## Station 3 – Separation

### Materials Needed

1. 50 x different coloured candy
2. 5 x plastic cups or as many as you need for the amount of colours you have
3. Flat surface



### Directions

1. Start the clock for one minute
2. Together the entire team have to split the colours of the candy into different plastic cups
3. At the end of the minute if any cups have two colours the team receive no points
4. If all candy is split the team scores three points

## Station 4 – Stack-It

### Materials Needed

1. 8 x empty cans
2. 6 x plastic plates
3. Flat surface

### Directions

1. Start the clock for one minute
2. Two children from the team stacks the cans with plates inbetween then the next two will have their turn
3. Score each child 3 points for all four cans stacked or 1 point for three cans



## Station 5 – Tweeze

### Materials Needed

1. 2 x pairs of tweezers
2. 10 x tic tacs
3. 4 x plastic bowls
4. Flat surface



### Directions

1. Start the clock for one minute
2. Two children from the team use tweezers to relocate five tic tacs from one bowl to another. Then the next two will have their turn
3. Score each child 3 points for all tic tacs moved at the end of a minute

## Station 6 – Target

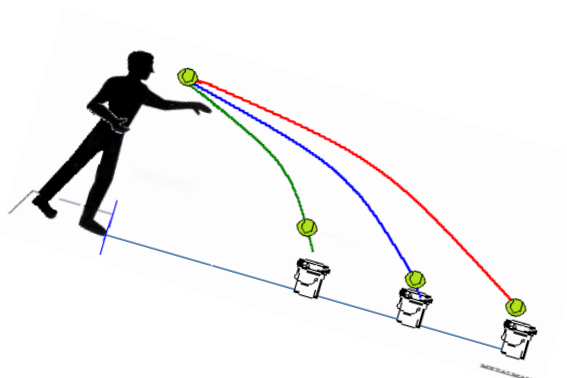
### Materials Needed

1. 3 x buckets. Each bucket will have points attached to it – 1, 2 and 3 points with 1 being the closest to the player
2. 3 x tennis balls

### Directions

1. Each child throws the balls into the buckets
2. The leader adds up the points for each child and adds it to their total

**Note>** Allow the children to each have a couple of trial throws



## Points Record

| Team Name    | Events      |         |            |          |        |        |       |
|--------------|-------------|---------|------------|----------|--------|--------|-------|
|              | Bucket Head | Gravity | Separation | Stack-It | Tweeze | Target | Total |
|              |             |         |            |          |        |        |       |
| Child 1      |             |         |            |          |        |        |       |
| Child 2      |             |         |            |          |        |        |       |
| Child 3      |             |         |            |          |        |        |       |
| Child 4      |             |         |            |          |        |        |       |
| <b>Total</b> |             |         |            |          |        |        |       |
|              |             |         |            |          |        |        |       |
| Child 1      |             |         |            |          |        |        |       |
| Child 2      |             |         |            |          |        |        |       |
| Child 3      |             |         |            |          |        |        |       |
| Child 4      |             |         |            |          |        |        |       |
| <b>Total</b> |             |         |            |          |        |        |       |
|              |             |         |            |          |        |        |       |
| Child 1      |             |         |            |          |        |        |       |
| Child 2      |             |         |            |          |        |        |       |
| Child 3      |             |         |            |          |        |        |       |
| Child 4      |             |         |            |          |        |        |       |
| <b>Total</b> |             |         |            |          |        |        |       |
|              |             |         |            |          |        |        |       |
| Child 1      |             |         |            |          |        |        |       |
| Child 2      |             |         |            |          |        |        |       |
| Child 3      |             |         |            |          |        |        |       |
| Child 4      |             |         |            |          |        |        |       |
| <b>Total</b> |             |         |            |          |        |        |       |

| Team Name    | Events      |         |            |          |        |        |       |
|--------------|-------------|---------|------------|----------|--------|--------|-------|
|              | Bucket Head | Gravity | Separation | Stack-It | Tweeze | Target | Total |
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| Child 3      |             |         |            |          |        |        |       |
| Child 4      |             |         |            |          |        |        |       |
| <b>Total</b> |             |         |            |          |        |        |       |
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| Child 3      |             |         |            |          |        |        |       |
| Child 4      |             |         |            |          |        |        |       |
| <b>Total</b> |             |         |            |          |        |        |       |
|              |             |         |            |          |        |        |       |
| Child 1      |             |         |            |          |        |        |       |
| Child 2      |             |         |            |          |        |        |       |
| Child 3      |             |         |            |          |        |        |       |
| Child 4      |             |         |            |          |        |        |       |
| <b>Total</b> |             |         |            |          |        |        |       |
|              |             |         |            |          |        |        |       |